

AODA Second Degree Studies Checklist

Updated to Winter Solstice 2024 Curriculum

Core Curriculum in AODA Druidry	
Expansion of the Earth Path	Plan and Notes
[] Continuation of building a balanced relationship with nature (which may include additional Earth path steps, conservation, tree planting, education)	
[] Continuation of weekly time spent in nature (observation, focus, meditation)	
Expansion of the Sun Path	
[] Celebrate the solstices and equinoxes, and any other sacred days you see fit	
[] Develop an original set of activities for the yearly cycle of Druid holy days	
Expansion of the Moon Path	
[] Continue regular meditation, including learning discursive meditation	
[] Regular practice of the Sphere of Protection & adapt the SOP to your own setting/ecology/spiritual practice if you have not already done so	
[] Study and practice the AODA solitary grove opening	
Establish a Bardic, Ovate, and/or Druid Personal Spiritual Practice	
[] Establish a personal practice as a Bard, Ovate, and/or Druid	
Core Curriculum in Druid Philosophy	
Triad of Ecology and Human-Nature Connections	
[] Read one book that helps you understand how to live within the earth's cycles, regenerate the land, or be a force for good.	
[] Kimmerer, Robin Wall, <i>Braiding Sweetgrass</i>	
[] Read a book on ecology	
Quaternity of Druid Philosophy	
[] Leopold, Aldo, <i>A Sand County Almanac</i>	
[] Three Initiates, <i>The Kybalion</i>	
[] Anonymous, <i>The Mabinogion</i>	
[] White, Larisa, <i>World Druidry</i>	

☐ One additional book of your choice on druid philosophy or history	
☐ Reflect on the core curriculum in druid philosophy (either with an essay or another artistic form)	
Optional: Druid Spiritual Mentoring and Leadership	
☐ Spend at least 20 hours helping other people with their spiritual development in a druid context	
☐ Study and practice the AODA Candidate initiation	
Cumulating Work on Your Druid Path	
☐ Create a cumulating work that expresses your druid path (written, visual, creative, etc).	